

# Our Week as Redeemer Church

## 01-13-2021

### **Our Week as Redeemer Church: News, Updates, & Resources**

Each Wednesday, check your email for the latest Redeemer news and upcoming events. You're always welcome to share these resources and invite friends and family to any of our virtual gatherings. For the time being, our large group interactions as a congregation will continue to be on Zoom, a conferencing tool. You can use Zoom from a computer, tablet, or smartphone. You can also dial in from any phone without requiring any internet connection.

### **LAST SUNDAY**

On Sunday we discussed the truth that God wants us to be healthy in every aspect of our lives. God cares about it all. Oftentimes areas in which we're unhealthy can start to prey on our more healthy areas. It's important that we both move towards health in our weak areas *and* continue to grow in our stronger areas. God's work in us includes both.

[Click here for a recording of last Sunday's worship service.](#)

### **Next Faithful Step**

Take a look at [the Wholeness Wheel](#) and think about which area or areas are most important for you to grow toward health in. Then:

- Pray
- Embrace a growth mindset (as opposed to a fixed mindset)
- Fear less and trust more
- Ask for help
- Remember that it takes wisdom (and not just your own wisdom) to know how to grow toward wholeness and health

### **THIS SUNDAY: WORSHIP AT 10AM**

We'll gather from our homes for an interactive worship experience. We'll celebrate holy communion together, trusting in Christ's presence. Before worship, gather your own communion elements. Whatever you have on hand is fine—just a bite of something to eat and sip of something to drink. If you're interested in joining the service, please email [peter@redeemerchicago.com](mailto:peter@redeemerchicago.com).

**Here are lyrics for the songs we'll sing together this Sunday (they'll be shown on your screen, as well):**

[Take My Life, That I May Be  
Who You Say I Am](#)

### **NEW WOMEN'S CONNECTION GROUP, STARTING JANUARY 21**

A new women's connection group will begin Thursday, January 21, from 7-8pm, on Zoom. All women are welcome to participate. For more information, contact Karen Katamay at [karen@redeemerchicago.com](mailto:karen@redeemerchicago.com).

### **YOGA & DEVOTION, MONDAYS, 8:30PM**

Please join us for a nighttime yoga practice and devotion on Monday evenings. Dress comfortably and follow the 15-30-minute video sent out each week. After you are nice and relaxed, join us on Zoom for a short devotional and prayer. We hope this will be a nice way to start your workweek and end your day. All are welcome. If interested in participating, please email [office@redeemerchicago.com](mailto:office@redeemerchicago.com).

### **FREE FURNITURE**

The Auketts recently moved and have a few pieces of furniture that they no longer need. All items are free but you must be able to move them. If you would like any of the furniture please let them know by February 1, and all items must be picked up by February 7 at the very latest. [Click here for pictures and additional details.](#)

### **ONLINE TRIVIA NIGHT: FRIDAY, JANUARY 29, 7PM**

Mark your calendars for another online trivia night, Friday, January 29. We'll meet on Zoom at 7pm and break into teams for a relaxed evening of friendly competition. Feel free to invite friends and family. Questions? Email [peter@redeemerchicago.com](mailto:peter@redeemerchicago.com).

### **ONLINE GUIDED PRAYER: WEDNESDAYS, 7-7:30PM**

Each Wednesday evening, reflect upon your day through quiet guided prayer. No preparation is required; just find a meditative space in your home and drop in as you're able. This will be a meaningful way for us to peacefully connect with God together in the middle of our week. Email [rachel@redeemerchicago.com](mailto:rachel@redeemerchicago.com) with questions or if you might like to help facilitate our prayer time.

### **MIDWEEK BIBLE STUDIES**

Connect with others and study God's word. These are drop-in Bible studies. No preparation is needed. If you're interested in joining, please email [peter@redeemerchicago.com](mailto:peter@redeemerchicago.com).

- Tuesdays, 12:00-12:30pm, on Zoom
- Thursdays, 7:30-8:30pm, on Zoom

## **TWO WAYS TO SUPPORT OUR LOCAL FOOD PANTRIES**

1. Bring non-perishable food items to Third Place Chicago this Saturday, January 16, anytime from 10am-2pm, to support St. Cyprian's Food Pantry. Contact [karen@redeemerchicago.com](mailto:karen@redeemerchicago.com) with questions or if you're interested in helping to lead this event.
2. Anytime you attend an in-person Redeemer Church or Third Place Chicago event (at this point pretty much limited to in-person Communion on Sundays from 11:15-12:15 at Redeemer), if you're able to, please bring one or more non-perishable items to donate to our local food pantries.

## **REDEEMER BOOK CLUB: MONDAY, FEBRUARY 1, 6:30PM**

All are welcome to participate in a discussion of *The Boy from the Woods*, by Harlan Coben. Please contact Linda Gonzales ([cpd5137@yahoo.com](mailto:cpd5137@yahoo.com)) if you have any questions.

## **2021 DAILY TEXTS**

Copies of the [2021 Daily Texts](#) are now available at the church building. They can be picked up during in-person Communion (11:15am-12:15pm on Sundays), or at a different time by contacting Pastor Dan ([dan@redeemerchicago.com](mailto:dan@redeemerchicago.com)). If you take a copy and are able to do so, please give \$5 to help offset the cost of the book.

## **SHARE YOUR PRAYER REQUESTS WITH REDEEMER'S PRAYER TEAM**

We have a faithful team continually praying for our congregation. To share your prayer requests or to be added to the team, please email [redemerprayerteam@gmail.com](mailto:redemerprayerteam@gmail.com). (Do you have updates on your recent prayer requests? Please send a quick email to let our team know!)

## **PRACTICE A QUIET TIME WITH DEVOTIONS ON THE DAILY TEXTS**

A short devotional is available first thing each Monday, Wednesday, and Friday morning. These reflections are based on [the Daily Texts](#), a resource we have been using as a community for many years. Whether the Daily Texts are part of your routine or not, these brief devotions offer space for us to meditate together on God's Word throughout our week. [Simply bookmark this page](#) to participate three times a week.